

# Amyloid- $\beta$ (1–42) Fibrillar Precursors Are Optimal for Inducing Tumor Necrosis Factor- $\alpha$ Production in the THP-1 Human Monocytic Cell Line<sup>†</sup>

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Received March 5, 2009; Revised Manuscript Received August 13, 2009

**ABSTRACT:** Pathological studies have determined that fibrillar forms of amyloid- $\beta$  protein ( $A\beta$ ) comprise the characteristic neuritic plaques in Alzheimer's disease (AD). These studies have also revealed significant inflammatory markers such as activated microglia and cytokines surrounding the plaques. Although the plaques are a hallmark of AD, they are only part of an array of  $A\beta$  aggregate morphologies observed *in vivo*. Interestingly, not all of these  $A\beta$  deposits provoke an inflammatory response. Since structural polymorphism is a prominent feature of  $A\beta$  aggregation both *in vitro* and *in vivo*, we sought to clarify which  $A\beta$  morphology or aggregation species induces the strongest proinflammatory response using human THP-1 monocytes as a model system. An aliquot of freshly reconstituted  $A\beta$ (1–42) in sterile water (100  $\mu$ M, pH 3.6) did not effectively stimulate the cells at a final  $A\beta$  concentration of 15  $\mu$ M. However, quiescent incubation of the peptide at 4 °C for 48–96 h greatly enhanced its ability to induce tumor necrosis factor- $\alpha$  (TNF $\alpha$ ) production, the level of which surprisingly declined upon further aggregation. Imaging of the  $A\beta$ (1–42) aggregation solutions with atomic force microscopy indicated that the best cellular response coincided with the appearance of fibrillar structures, yet conditions that accelerated or increased the level of  $A\beta$ (1–42) fibril formation such as peptide concentration, temperature, or reconstitution in NaOH/PBS at pH 7.4 diminished its ability to stimulate the cells. Finally, depletion of the  $A\beta$ (1–42) solution with an antibody that recognizes fibrillar oligomers dramatically weakened the ability to induce TNF $\alpha$  production, and size-exclusion separation of the  $A\beta$ (1–42) solution provided further characterization of an aggregated species with proinflammatory activity. The findings suggested that an intermediate stage  $A\beta$ (1–42) fibrillar precursor is optimal for inducing a proinflammatory response in THP-1 monocytes.

The Alzheimer's disease (AD)<sup>1</sup> brain is decorated by a wide array of polymorphic aggregated amyloid- $\beta$  ( $A\beta$ ) species. The parenchymal deposits exist as a range of species from dense core neuritic plaques containing fibrillar structures to wispy, loose, and granular diffuse deposits (1), yet the conditions that produce these structures *in vivo* are not well understood. Furthermore, these diverse  $A\beta$  morphologies do not appear to provoke the same *in vivo* response. For example, cytopathology, such as dystrophic neurites and inflammation, is seen surrounding the plaques (2) in the brains of human patients (3) and those in AD transgenic mouse models (4). Inflammatory markers such as activated microglia (4) stained with proinflammatory cytokines (5) are part of the environment surrounding the plaques, while diffuse deposits are devoid of inflammatory

cytopathology (1). A chronic inflammatory state induced by accumulated  $A\beta$  has been suggested as one of the underlying mechanisms of progressive neurodegeneration in AD (6) and may in fact exacerbate  $A\beta$  deposition (7). The plaque-associated activated microglia do not efficiently clear the deposits (4) unless further stimulated by infusion of anti- $A\beta$  antibodies (8).

*In vitro* aggregation studies of  $A\beta$  have been very useful for understanding fibrillogenesis mechanisms and the structural properties of monomers, soluble intermediates, and mature fibrils. These studies have identified a continuum of  $A\beta$  species in the assembly process which vary in size, length, solubility, and morphology (9–13). Monomeric, oligomeric, protofibrillar, fibrillar, and amorphous species possess distinct toxic and biological activities and potencies (14–18).

The *in vivo* inflammatory response to  $A\beta$  has been recapitulated in numerous *in vitro* cell model systems, including both microglial and monocytic cells (19–21). Several receptors have been shown to mediate  $A\beta$ -stimulated proinflammatory cytokine production, including the receptor for advanced glycation end products (RAGE) (22), a multireceptor complex comprising the scavenger receptor class B (SR-B) receptor CD36,  $\alpha_6\beta_1$ -integrin, CD47 (23), and Toll-like receptors (TLR) 2 and 4 (24–26). Furthermore, the SR-A receptor has been shown to mediate  $A\beta$ -induced production of reactive oxygen species (27). In all of these studies, induction of an inflammatory response appeared to favor a fibrillar  $A\beta$  conformation, although different assembly states were not always investigated. Since activated microglial cells are

<sup>†</sup>This work was supported by Grant NIG-06-27267 (M.R.N.) from the Alzheimer's Association, by Grant R15AG033913 (M.R.N.) from the National Institute on Aging, and by a University of Missouri-St. Louis Dissertation Fellowship (M.L.D.U.).

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<sup>1</sup>Abbreviations: AD, Alzheimer's disease;  $A\beta$ , amyloid- $\beta$ ; AFM, atomic force microscopy; BSA, bovine serum albumin; FBS, fetal bovine serum; HFIP, hexafluoroisopropanol; HRP, horseradish peroxidase; IP, immunoprecipitation; LPS, lipopolysaccharide; PBS, phosphate-buffered saline; RAGE, receptor for advanced glycation end products; SR, scavenger receptor; ThT, thioflavin T; TLR, Toll-like receptor; TNF $\alpha$ , tumor necrosis factor- $\alpha$ ; TEM, transmission electron microscopy.

typically observed clustered around the dense core plaques as opposed to the diffuse A $\beta$  deposits (1), their activation appears to be selective for a particular A $\beta$  morphology. We have previously reported that aggregated A $\beta$ (1–42) induces TNF $\alpha$  production from a human monocytic cell line via TLRs (24). Here we further explore the optimal A $\beta$  aggregation state for this process.

## MATERIALS AND METHODS

**Cell Culture.** THP-1 cells were obtained from ATCC (Manassas, VA) and maintained in RPMI-1640 culture medium (HyClone, Logan, UT) containing 2 mM L-glutamine, 25 mM HEPES, 1.5 g/L sodium bicarbonate, 10% fetal bovine serum (FBS) (HyClone), 50 units/mL penicillin, 50  $\mu$ g/mL streptomycin (HyClone), and 50  $\mu$ M  $\beta$ -mercaptoethanol at 37 °C in 5% CO<sub>2</sub>. For cellular assays, THP-1 monocytes were centrifuged, washed, and resuspended in reduced FBS (2%) growth medium. Cells were added to individual wells of a 48-well or 96-well sterile culture plate at a final concentration of  $8.5 \times 10^5$  cells/mL prior to treatment with 15  $\mu$ M A $\beta$  and/or sterile water control. In some experiments, polymyxin B sulfate (Sigma, St. Louis, MO) was included to verify the proinflammatory signal was not due to lipopolysaccharide (LPS) contamination. Following incubation of the cells at 37 °C for 6–24 h, the content of each well was removed and centrifuged at 2500g for 10 min, and the supernatant was frozen at –20 °C for subsequent analysis.

**Preparation of A $\beta$  Peptides.** A $\beta$ (1–42) peptides (rPeptide, Bogarth, GA) were dissolved in 100% hexafluoroisopropanol (HFIP) (Sigma) for 1 h, aliquoted into sterile microcentrifuge tubes, dried in a vacuum centrifuge, and stored at –20 °C. For experiments, the lyophilized peptides were resuspended in sterile water or treated with 100 mM NaOH at 2 mM A $\beta$  and diluted into phosphate-buffered saline (PBS, HyClone) (6.7 mM phosphate and 150 mM NaCl). Final A $\beta$  concentrations were 100  $\mu$ M, and the solutions were incubated at 4 °C unless otherwise stated. THP-1 monocytes were exposed to a final A $\beta$ (1–42) concentration of 15  $\mu$ M. Commercial A $\beta$  lots were endotoxin-tested by several methods as previously described (24). Centrifugation of A $\beta$  solutions was conducted on either a Beckman-Coulter Microfuge 18 at 18000g for 10 min in a 4 °C cold room, a Sorvall RC5B refrigerated centrifuge with an SS-34 rotor at 50000g for 1 h at 4 °C, or a refrigerated Beckman-Coulter Optima Max ultracentrifuge with a TLA120.1 rotor at 50000–150000g for 1 h at 4 °C. Some centrifugation experiments utilized 0.2  $\mu$ m polytetrafluoroethylene (PTFE) spin filters (Millipore, Billerica, MA) at 12000g for 3 min to separate small aliquots (~100  $\mu$ L) of A $\beta$  aggregation solutions. Further separation was achieved via size-exclusion chromatography (SEC). SEC columns were sanitized with 0.5 M NaOH and pretreated with 1 mg of bovine serum albumin (BSA) in running buffer to block nonspecific binding to the resin. The 18000g A $\beta$ (1–42) supernatants were eluted on a Superdex 75 HR 10/30 column (GE Healthcare) in 50 mM Tris-HCl (pH 8.0) at a rate of 0.5 mL/min. Collection of fractions (0.5 mL) was initiated after 2 mL of elution volume. A $\beta$ (1–42) concentrations from SEC were determined by absorbance using an extinction coefficient of 1450 cm<sup>–1</sup> M<sup>–1</sup> as previously described (28). In some cases, A $\beta$  concentrations were determined by the Bradford method (29). Some A $\beta$  aggregation solutions were monitored by thioflavin T (ThT) fluorescence as described previously (30). Briefly, A $\beta$  aliquots were removed and diluted 5-fold (20  $\mu$ M) into a 5  $\mu$ M ThT solution prepared in the same solution used for A $\beta$ (1–42) reconstitution (water or PBS). In some cases, A $\beta$ (1–42) reconstituted and aggregated in water was

monitored with 5  $\mu$ M ThT in 50 mM Tris-HCl (pH 8.0). ThT fluorescence emission scans (460–520 nm) were conducted on a Cary Eclipse fluorescence spectrophotometer using an excitation wavelength of 450 nm and integrated from 470 to 500 nm to produce ThT fluorescence values. When necessary, the pH was determined in A $\beta$  solutions using a small volume microelectrode (Thermo Scientific Orion).

**Determination of TNF $\alpha$  Levels.** Measurements of the amount of secreted TNF $\alpha$  in the supernatants were taken by an ELISA. Briefly, 100  $\mu$ L of 2–4  $\mu$ g/mL monoclonal anti-human TNF $\alpha$ /TNFSF1A capture antibody (R&D Systems, Minneapolis, MN) was added to 96-well plates for overnight incubation at room temperature. Wells were washed with PBS (HyClone) containing 0.05% Tween 20 and blocked with 300  $\mu$ L of PBS containing 1% BSA, 5% sucrose, and 0.05% NaN<sub>3</sub> for 1 h at room temperature. After the samples had been washed, successive treatments with washing between them were done with 50  $\mu$ L samples or standards for 2 h, 100  $\mu$ L of biotinylated polyclonal anti-human TNF $\alpha$ /TNFSF1A detection antibody (R&D Systems) in 20 mM Tris with 150 mM NaCl and 0.1% BSA for 2 h, 100  $\mu$ L of streptavidin-horseradish peroxidase (HRP) (R&D Systems) diluted 200 times with PBS containing 1% BSA for 20 min, and 100  $\mu$ L of equal volumes of 3,3',5,5'-tetramethylbenzidine and hydrogen peroxide (KPL, Gaithersburg, MD) for 30 min. The reaction was stopped by the addition of a 1% H<sub>2</sub>SO<sub>4</sub> solution. The optical density of each sample was analyzed at 450 nm with a reference reading at 630 nm using a SpectraMax 340 absorbance plate reader (Molecular Devices, Union City, CA). A standard curve was constructed by sequential dilution of a TNF $\alpha$  standard from 2000 to 15 pg/mL. The concentration of TNF $\alpha$  in the experimental samples was calculated from a TNF $\alpha$  standard curve of 15–2000 pg/mL. When necessary, samples were diluted to fall within the standard curve.

**Dynamic Light Scattering (DLS).** Hydrodynamic radius ( $R_H$ ) measurements were taken at room temperature with a DynaPro Titan instrument (Wyatt Technology, Santa Barbara, CA). Samples (30  $\mu$ L) were placed directly into a quartz cuvette, and light scattering intensity was collected at a 90° angle using a 10 s acquisition time. Particle diffusion coefficients were calculated from autocorrelated light intensity data and converted to  $R_H$  with the Stokes–Einstein equation. Data regularization with Dynamics (version 6.7.1) generated histograms of percent mass versus  $R_H$ . Intensity-weighted mean  $R_H$  values were derived from the regularized histograms.

**Atomic Force Microscopy (AFM).** A $\beta$ (1–42) aggregation solutions (100  $\mu$ M) were diluted to 1  $\mu$ M in water. Grade VI mica (Ted Pella, Inc., Redding, CA) was cut into 11 mm circles and affixed to 12 mm metal disks. Aliquots (50  $\mu$ L) were applied to freshly cleaved mica, allowed to adsorb for 15 min, washed twice with water, air-dried, and stored in a container with desiccant. For imaging of A $\beta$ (1–42) aggregates that were SEC-separated in 50 mM Tris-HCl, mica surfaces were pretreated with 1% 3-aminopropyl triethoxysilane (APTES) in 1 mM acetic acid for 10 min, washed with water, and air-dried prior to application of sample. Images were obtained with a Nanoscope III multimode atomic force microscope (Digital Instruments, Santa Barbara, CA) in TappingMode. Height analysis was performed using Nanoscope III software on flattened height mode images.

**Transmission Electron Microscopy.** A $\beta$  aggregation solutions were diluted to 20  $\mu$ M in water, and 10  $\mu$ L was applied to a 200-mesh Formvar-coated copper grid (Ted Pella, Inc.). Samples were allowed to adsorb for 10 min at 25 °C, followed

by removal of the excess sample solution with a tissue wipe. Grids were washed three times by being placed sample side down on a droplet of water. Heavy metal staining of the samples was conducted in a similar manner by incubation on a droplet of 2% uranyl acetate (Electron Microscopy Sciences, Hatfield, PA) for 5 min, removal of excess solution, and air drying. Affixed samples were visualized with a JEOL JEM-2000 FX transmission electron microscope operated at 200000 eV.

**OC Immunodepletion of  $A\beta(1-42)$  Solutions.** Fibrillar oligomers were immunoprecipitated (IP) by addition of OC antisera (2  $\mu$ L, 1:300 dilution) (gift from R. Kaye, University of Texas Medical Branch, Galveston, TX) directly to  $A\beta$  aggregation solutions (60  $\mu$ L, 100  $\mu$ M) and incubation without agitation for 1 h at 4  $^{\circ}$ C. Protein G-Sepharose beads (10  $\mu$ L) (Sigma) were then added to the solution and incubated with slow mixing for an additional 1 h at 4  $^{\circ}$ C. The solution was centrifuged for 15 min at 18000g, and the supernatant (45  $\mu$ L) was used to treat THP-1 monocytes.

**Dot Blot Analysis.** All steps in the dot blot assay were conducted at 25  $^{\circ}$ C and were modified from those in ref 31. Briefly, 5  $\mu$ L of  $A\beta(1-42)$  was applied to moist nitrocellulose, allowed to stand for 20 min, and then blocked with 10% milk in PBS with 0.2% Tween 20 (PBST). Following a wash step with PBST, the membrane was incubated with OC serum (1:5000) or Ab9 antibody (1:5000) (gift from T. Rosenberry, Mayo Clinic Jacksonville, Jacksonville, FL) for 1 h with gentle shaking, washed, and incubated with a 1:1000 dilution of an anti-rabbit IgG (OC) or anti-mouse IgG (Ab9) HRP conjugate (R&D Systems) for 1 h. After being washed, the nitrocellulose membrane was then incubated with ECL substrate and exposed to film.

**XTT Cell Viability Assay.** Cell viability was monitored using an XTT [2,3-bis(2-methoxy-4-nitro-5-sulfophenyl)-2H-tetrazolium-5-carboxanilide] cell assay (32). Cell metabolic activity was probed by mitochondrial-mediated reduction of XTT (Sigma). Briefly, control cells and cells exposed to  $A\beta$  for a given period of time were further incubated with final concentrations of 0.33 mg/mL XTT and 8.3  $\mu$ M phenazine methosulfate (PMS) (Acros, Morris Plains, NJ) for 3 h at 37  $^{\circ}$ C. The extent of XTT reduction was determined by absorbance measurements of the reduced form of XTT at 467 nm.

## RESULTS

**$A\beta(1-42)$ -Induced  $TNF\alpha$  Production Is Dependent on Aggregation State.** The amount of  $TNF\alpha$ , a key product of the proinflammatory response, is measurably increased in postmortem AD brain sections (5) and microvessels (33), and cerebrospinal fluid (34) of clinically diagnosed AD patients. The THP-1 human monocytic cell line is an excellent model system for inflammatory studies, exhibits responses to stimuli similar to those of microglia, and is a particularly valuable system for studying cell activation and cytokine production by  $A\beta$  (19–21). To gain further information about the most favorable aggregation state of  $A\beta$  for inducing  $TNF\alpha$  production, freshly reconstituted solutions of  $A\beta(1-42)$  (100  $\mu$ M) were aged at 4  $^{\circ}$ C and periodically tested for their ability to stimulate  $TNF\alpha$  production from THP-1 monocytes. Figure 1 shows that immediately upon reconstitution  $A\beta(1-42)$  induced a varying but relatively small amount of  $TNF\alpha$ . Aging of the peptide for 48–72 h caused a dramatic increase in the level of  $TNF\alpha$  production (Figure 1, lines 1–4). Surprisingly, further aging reduced, and ultimately abolished, the proinflammatory response (Figure 1, lines 3 and 4).

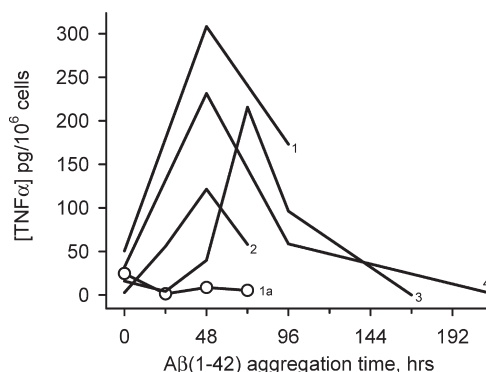


FIGURE 1: Dependence of the  $A\beta(1-42)$ -induced proinflammatory response on aggregation progression.  $A\beta(1-42)$  was reconstituted in sterile water (100  $\mu$ M) and incubated at 4  $^{\circ}$ C. At various time points, aliquots were removed and incubated with THP-1 monocytes for 6 h at a final  $A\beta(1-42)$  concentration of 15  $\mu$ M. The amount of secreted  $TNF\alpha$  was measured in cell supernatants with an ELISA. Lines 1–4 represent separate 100  $\mu$ M  $A\beta(1-42)$  aggregation experiments. Line 1a (○) represents a 1.2 mM  $A\beta(1-42)$  aggregation solution incubated at 25  $^{\circ}$ C prepared and tested within the same experiment as line 1.

The results from multiple experiments suggested that an intermediate  $A\beta(1-42)$  aggregation structure may be preferred for inducing  $TNF\alpha$  production in THP-1 monocytes. Furthermore, the data demonstrate that continued aggregation from that point diminished the response.

The idea that later-stage  $A\beta(1-42)$  aggregation species were not effective inducers of  $TNF\alpha$  production was tested further by modulating  $A\beta(1-42)$  aggregation kinetics. The initial peptide concentration was increased 12-fold, thereby accelerating aggregation.  $A\beta$  assembly occurs via a nucleation-dependent polymerization process (35). One of the tenets of this type of kinetics is that an increased peptide concentration can significantly shorten the lag time for nucleation which is then followed by rapid polymerization and fibril formation. In addition to an increased peptide concentration, elevated temperature also accelerates  $A\beta$  aggregation (11). The more concentrated solution of  $A\beta(1-42)$  (1.2 mM) was incubated at 25  $^{\circ}$ C, and aliquots were added to THP-1 monocytes the same final concentration (15  $\mu$ M) as that used for the 100  $\mu$ M solutions was maintained. Although a small amount of  $TNF\alpha$  was induced at 0 h, the remaining  $A\beta(1-42)$  aggregation age time points had no stimulatory activity [Figure 1 (○)].

**An Intermediate Aggregation State Correlates with Proinflammatory Activity.** AFM analysis of an  $A\beta(1-42)$  aggregation time course was done to visualize morphologies that corresponded to periods of  $TNF\alpha$  production shown in Figure 1. Upon reconstitution of  $A\beta(1-42)$  in sterile water, images primarily showed a dense field of small punctate species with heights of < 2 nm as reported previously (24) (Figure 2A). Dynamic light scattering analysis of the freshly reconstituted  $A\beta(1-42)$  showed a predominant peak (95% mass) with an  $R_H$  of 1.0 nm representing monomeric  $A\beta$  and a small population (5% mass) of oligomeric species with an  $R_H$  of 5.7 nm (Figure 2B). Incubation of the  $A\beta(1-42)$  solution at 4  $^{\circ}$ C produced fibrillar structures by 48 h (Figure 2C). The 48 h image in Figure 2C is representative of the intermediate  $A\beta(1-42)$  aggregation state that typically stimulated maximal  $TNF\alpha$  production (see Figure 1). Height analysis of the 48 h fibrils produced a mean height and standard deviation (SD) of  $4.2 \pm 1.4$  nm with lengths ranging from 1 to 3  $\mu$ m. We have described these features previously in the context of Toll-like receptor activation (24).



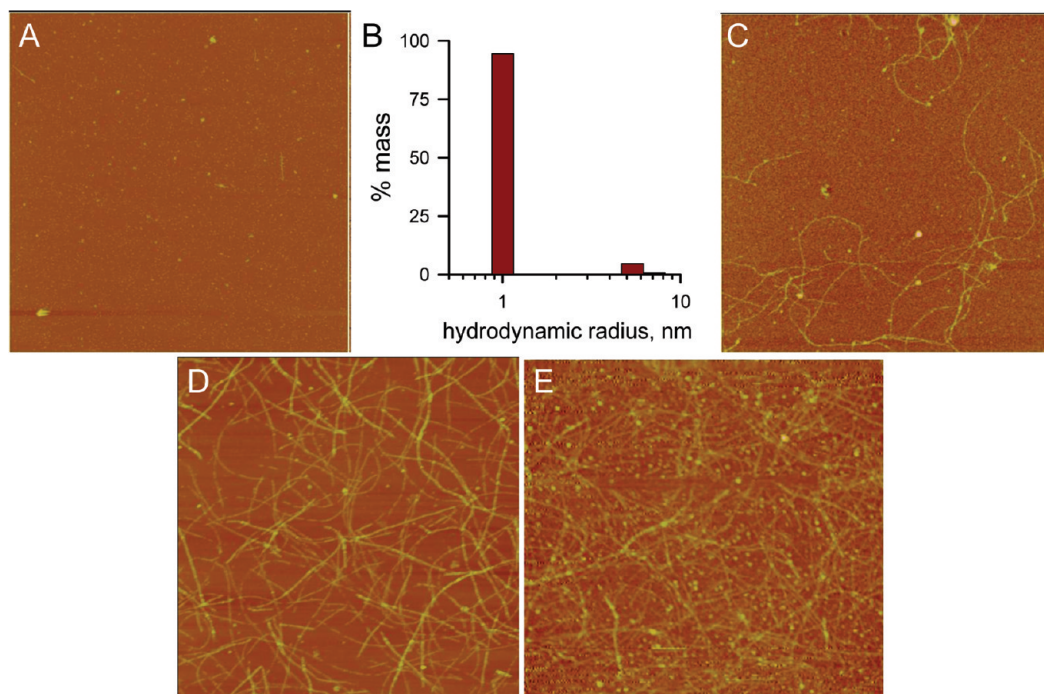


FIGURE 2: Morphological changes during the  $A\beta(1-42)$  aggregation time course. An  $A\beta(1-42)$  aggregation solution ( $100\ \mu\text{M}$ ) was prepared as described in the legend of Figure 1 and incubated at  $4\ ^\circ\text{C}$ . Aliquots were removed, diluted to  $1\ \mu\text{M}$  in water, and imaged by AFM at 0 (A), 48 (C), and 216 h (D). DLS measurements were obtained for the 0 h solution as described in Materials and Methods, and a histogram of percent mass vs  $R_H$  is shown in panel B. A separate  $1.2\ \text{mM}$   $A\beta(1-42)$  solution was prepared and imaged at 24 h (E). All AFM images are  $5\ \mu\text{m} \times 5\ \mu\text{m}$  and shown in “height” mode.

The fibril height values did not change significantly after incubation for 216 h ( $4.5 \pm 1.4\ \text{nm}$ ) (Figure 2D), and lengths were only slightly greater. The most notable change was in the density of fibrils (fibrils per square micrometer) which increased from approximately 1 fibril/ $\mu\text{m}^2$  after incubation for 48 h to 6 fibrils/ $\mu\text{m}^2$  by 216 h. ThT fluorescence measurements of the  $A\beta(1-42)$  solution indicated no fluorescence at 0 h, although a longer incubation time gradually increased the fluorescence [Figure 5 (○)]. A more concentrated  $A\beta(1-42)$  solution ( $1.2\ \text{mM}$ ) showed accelerated aggregation and fibril production after 24 h at  $25\ ^\circ\text{C}$  (Figure 2E). This accelerated aggregation was also reflected in ThT fluorescence levels which were 10–20 times higher in the  $1.2\ \text{mM}$  solutions than in the  $100\ \mu\text{M}$  solutions (data not shown). Treatment of the THP-1 monocytes with the more concentrated sample in Figure 2E at a final  $A\beta(1-42)$  concentration of  $15\ \mu\text{M}$  did not induce TNF $\alpha$  production (data not shown), consistent with the results shown in Figure 1.

The aggregation rate of the  $100\ \mu\text{M}$   $A\beta(1-42)$  solution was accelerated by incubation at higher temperatures. Three solutions of  $100\ \mu\text{M}$   $A\beta(1-42)$  were prepared and incubated at 4, 25, or  $37\ ^\circ\text{C}$ . Incubation at higher temperatures significantly weakened the ability of the solution to induce TNF $\alpha$  production. AFM images showed differences in the extent of aggregation at 96 h (Figure 3A–C), yet only the sample incubated at  $4\ ^\circ\text{C}$  stimulated TNF $\alpha$  production in THP-1 monocytes (Figure 3D). As in Figure 2, the AFM image of the  $A\beta(1-42)$  sample incubated at  $4\ ^\circ\text{C}$  contained long flexible fibril structures with a mean height of  $5.5 \pm 1.6\ \text{nm}$  (SD) along with numerous globular species. The  $A\beta(1-42)$  sample at  $25\ ^\circ\text{C}$  showed a greater number of fibril structures and also a greater dispersity in measured fibril heights ( $6.9 \pm 2.1\ \text{nm}$ ). The  $A\beta(1-42)$  sample at  $37\ ^\circ\text{C}$  was very different as determined by AFM imaging. Although the fibril heights were similar ( $6.1 \pm 1.6\ \text{nm}$ ), a smaller amount of total  $A\beta(1-42)$  species was evident in the image, possibly due to decreased

adsorption of the  $A\beta(1-42)$  fibrils formed at  $37\ ^\circ\text{C}$  to the mica surface. Furthermore, the smaller globular species were no longer observed. Separate experiments measuring ThT fluorescence found much higher levels for  $A\beta(1-42)$  incubated at  $37\ ^\circ\text{C}$  (470 arbitrary units) compared to incubation at  $25\ ^\circ\text{C}$  (80 units) or  $4\ ^\circ\text{C}$  (40 units) (data not shown).  $A\beta(1-42)$  samples were taken from the three solutions depicted in Figure 3A–C and tested for induction of THP-1 monocyte TNF $\alpha$  production. The dependence of TNF $\alpha$  production on  $A\beta(1-42)$  aggregation state for the sample incubated at  $4\ ^\circ\text{C}$  [Figure 3D (○)] showed the same profile as in Figure 1, while  $A\beta(1-42)$  solutions incubated at higher temperatures were ineffective at inducing an inflammatory response. The cumulative data demonstrated that  $A\beta(1-42)$ -induced TNF $\alpha$  production correlated with initial formation of an intermediate fibrillar species yet continued, accelerated, or increased fibril formation abolished the ability of  $A\beta(1-42)$  to stimulate the monocyte response.

Two possible explanations for the loss of  $A\beta(1-42)$  proinflammatory activity at the later stages of fibril formation were solubility (fibril precipitation) and fibril toxicity to the monocytes, particularly at later stages when significant numbers of fibrils are present. The first possibility was explored, and it was observed that many of the late-stage fibrillar species formed in water remained in solution after centrifugation of the sample at  $18000g$  for 10 min based on AFM images pre- and postcentrifugation (data not shown). This result indicated the fibrils were not easily precipitating out of solution. The toxicity of  $A\beta(1-42)$  to the monocytes at both intermediate and late aggregation stages was tested using an XTT cell viability assay.  $A\beta(1-42)$  was not toxic to the cells at two stages of aggregation as mitochondrial-mediated reduction of XTT was not affected (Figure 4).

The pH of the  $A\beta(1-42)$  aqueous solutions was determined to be 3.6 using a microelectrode. Acidic pH has been shown previously to enhance single-fibril formation (11). We hypothesized

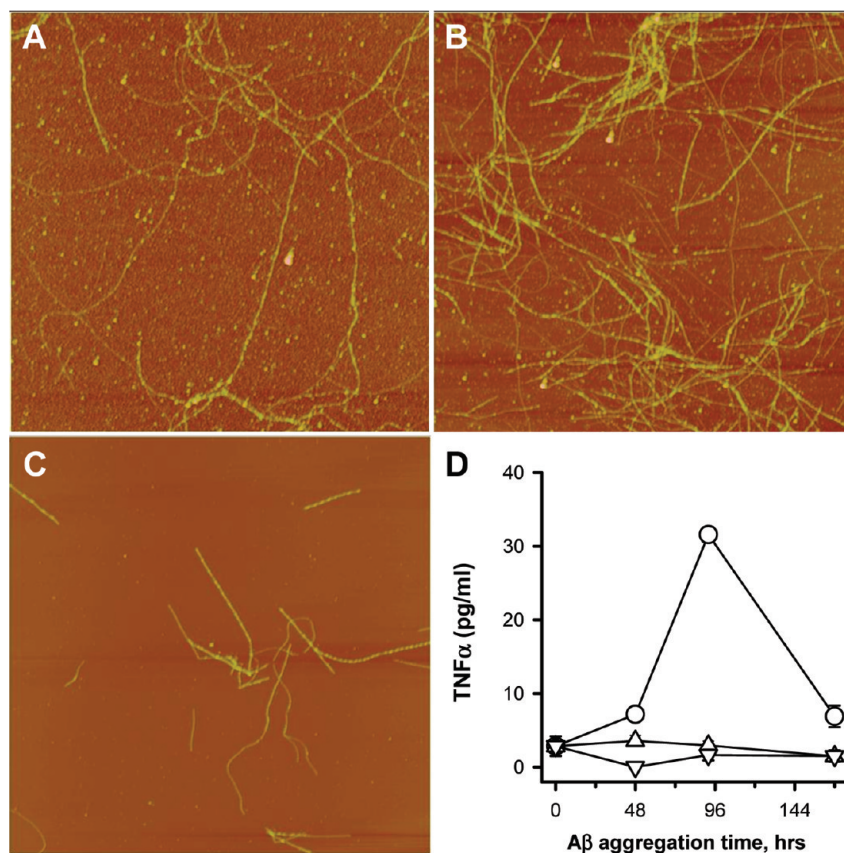


FIGURE 3: Increased incubation temperature accelerates Aβ(1–42) aggregation and weakens its ability to induce a proinflammatory response. A solution of Aβ(1–42) (100 μM) was separated into three tubes, and each tube was incubated at different temperatures. At various times, aliquots were removed for both AFM imaging and treatment of the THP-1 monocytes as described in Materials and Methods. (A–C) AFM images (5 μm × 5 μm) were obtained as described in the legend of Figure 2 from each Aβ(1–42) solution at 96 h prior to cell treatment. Images shown are representative of the solutions incubated at 4 (A), 25 (B), and 37 °C (C). (D) Secreted TNFα levels (SE, *n* = 3 measurements) were determined at each time point for Aβ(1–42) solutions incubated at 4 (○), 25 (△), and 37 °C (▽).

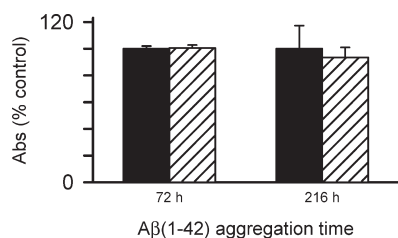


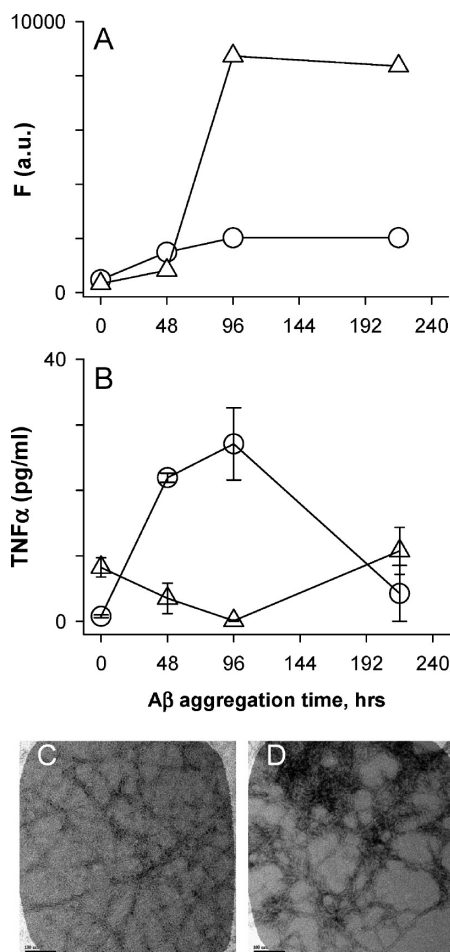
FIGURE 4: Monocyte viability is not compromised by aggregated Aβ(1–42). Aβ(1–42) solutions were prepared and incubated as described in the legend of Figure 1. After Aβ aggregation for 72 and 216 h, THP-1 monocytes were treated with 15 μM Aβ(1–42) for 6 h. Cell viability was assessed using an XTT assay as described in Materials and Methods. XTT reduction was assessed by the absorbance at 467 nm for both control cells treated with sterile water vehicle (black bars) and Aβ-treated cells (hatched bars). Error bars for each condition represent the standard error for six trials in two experiments. Absorbance values are presented as the percent of control cells for each experiment.

that Aβ(1–42) at higher ionic strengths and buffered at neutral pH may form structures with different proinflammatory stimulating activity. Aβ(1–42) was either reconstituted in water or treated with 100 mM NaOH followed by dilution into PBS. Both solutions were prepared at a final Aβ concentration of 100 μM and incubated at 4 °C. The Aβ(1–42)/PBS solution (pH 7.4) achieved a higher degree of aggregation based on ThT fluorescence measurements compared to the Aβ(1–42)/water solution (Figure 5A), yet Aβ(1–42) incubated in PBS did not stimulate

TNFα production to the same extent as Aβ(1–42) incubated in water (Figure 5B). Initially, the Aβ(1–42)/water solutions were monitored by ThT prepared in water which maintained the acidic pH. This method resulted in very low ThT fluorescence (data not shown) and did not accurately reflect the extent of Aβ(1–42) aggregation. Analysis of the (1–42)/water solutions with ThT prepared in Tris-HCl (pH 8.0) [Figure 5A (○)] or glycine (pH 8.0) (data not shown) produced similar ThT fluorescence values that were both significantly higher than when ThT fluorescence was measured under acidic conditions. Microscopy was utilized to discern morphological differences between Aβ(1–42) incubated in water and PBS. Difficulty was encountered in attempting to adsorb Aβ(1–42) aggregates formed in PBS to mica grids for AFM; therefore, TEM was used for morphological evaluation of the two Aβ(1–42) solutions. TEM images obtained of each sample showed that both preparations contained significant fibrillar material. Compared to the Aβ(1–42)/water solution, the Aβ(1–42)/PBS solution possessed more laterally associated fibrils (Figure 5C,D) and a greater number of fibrils when a lower magnification was used to observe a larger field (data not shown).

*Aβ(1–40) Does Not Have the Same Proinflammatory Activity as Aβ(1–42) under Similar Aggregation Conditions.* The data to this point indicated that Aβ(1–42) incubated in water at 4 °C formed a species that acted as a proinflammatory stimulus. It was of interest to determine if Aβ(1–40) could form the same species under similar conditions. Solutions of Aβ(1–42) and Aβ(1–40) (100 μM in water) were prepared. The Aβ(1–42) solution was incubated at 4 °C, while the Aβ(1–40) solution was





**FIGURE 5:** Ionic strength and pH influence  $A\beta(1-42)$  proinflammatory activity. Two lyophilized  $A\beta(1-42)$  aliquots were reconstituted in either sterile water (○) or 100 mM NaOH followed by 20-fold dilution into sterile phosphate-buffered saline (PBS) (Δ) at a concentration of 100  $\mu$ M. Both solutions were incubated at 4 °C. ThT fluorescence was measured at different time points as described in Materials and Methods (A). For the same time points, THP-1 cells were treated with 15  $\mu$ M  $A\beta(1-42)$  from each solution and secreted TNF $\alpha$  was measured in cell supernatants as described in the legend of Figure 1 (B). Error bars represent the standard error for three trials. (C and D) Aliquots were removed from each sample at 96 h and imaged by TEM as described. Images are of  $A\beta(1-42)$  reconstituted in water (C) and NaOH/PBS (D). Scale bars represent 100 nm.

incubated at three temperatures (4, 25, and 37 °C). AFM imaging indicated that even at 4 °C  $A\beta(1-40)$  did form fibrils (Figure 6A–C), albeit at a much slower rate compared to  $A\beta(1-42)$ . The  $A\beta(1-40)$  fibrils were much longer (> 5  $\mu$ m) than those formed by  $A\beta(1-42)$ , and their measured heights were slightly greater.  $A\beta(1-40)$  fibrils presented in panels B and C of Figure 6 had average heights of  $5.9 \pm 1.7$  nm (SD) with very little change in the fibril morphology from 96 to 216 h. Concurrent treatment of THP-1 monocytes with aliquots from the  $A\beta$  solutions revealed that, under these conditions, only  $A\beta(1-42)$  effectively stimulated TNF $\alpha$  production (Figure 6D). Incubation of  $A\beta(1-40)$  at an increased temperature produced more numerous fibrils as observed by AFM (data not shown) yet did not produce a proinflammatory  $A\beta$  species.

**The Proinflammatory  $A\beta(1-42)$  Species Formed in Water Is Soluble and Can Be Recognized by an Antibody Specific for Fibrillar Oligomers.** The data in Figure 1 demonstrated that, upon  $A\beta(1-42)$  reconstitution in sterile water, a period of incubation is necessary before an aggregated species

conductive for inducing secretion of TNF $\alpha$  from THP-1 monocytes is formed. The fact that continued aggregation diminished proinflammatory activity indicated that an intermediate  $A\beta(1-42)$  species was optimal. To better characterize this species, we subjected an  $A\beta(1-42)$  solution incubated for 72 h at 4 °C to centrifugation at speeds up to 150000g for 1 h at 4 °C. This treatment failed to significantly suppress the ability of the supernatant to induce TNF $\alpha$  production (Figure 7A) yet was effective at removing many of the  $A\beta(1-42)$  fibrils from solution at 150000g (Figure 7B,C). Centrifugal filter units with a 0.2  $\mu$ m PTFE membrane were used to separate fibrillar material from  $A\beta(1-42)$  aggregation solutions. This was effectively done as the filtrate was devoid of fibrils (Figure 8B). Concentration measurements of the  $A\beta(1-42)$  solution pre- and postfiltering determined the filters removed 65% of the  $A\beta$  concentration with 35% remaining in the filtrate (data not shown). Separate control filtering experiments with monomeric  $A\beta$  indicated only a small loss (~10%) due to nonspecific adsorption. Monocyte activation experiments comparing the total solution with the filtrate showed that 0.2  $\mu$ m filtering of the  $A\beta(1-42)$  solution completely abolished the ability of  $A\beta(1-42)$  to induce proinflammatory activity (Figure 8C). It has been previously reported that  $A\beta(1-40)$  protofibrils will pass through a 0.2  $\mu$ m filter (36), although in these studies no protofibrillar material was observed in the filtrate (Figure 8B).

The morphology, solubility, and transient appearance of the proinflammatory  $A\beta(1-42)$  species suggested similarities to protofibrils or fibrillar oligomers that have been described previously (10, 37). Fibrillar oligomers are conformationally related to fibrils but have been observed across a broad size distribution. Their size appears to overlap with that of prefibrillar oligomers, yet the structural characteristics of the two oligomeric species are distinct. The ability to distinguish between these structural characteristics has been previously demonstrated with OC antisera, which recognize an epitope common to fibrils and oligomeric fibrillar precursors of varying size (37). We used an OC immune serum in this study to investigate whether fibrillar oligomers were involved in the  $A\beta(1-42)$ -induced proinflammatory response.  $A\beta(1-42)$  solutions were immunodepleted of OC-positive species as described in Materials and Methods and examined for remaining OC-positive material by dot blot. Although there was significant  $A\beta$  remaining in the supernatant, as detected by a sequence-specific  $A\beta$  antibody that is not dependent on conformation (Ab9), very little of it was OC-positive (Figure 9A). AFM analysis of the  $A\beta(1-42)$  supernatant after OC IP and centrifugation indicated a loss of both diffuse and fibrillar material (Figure 9B,C). Subsequent experiments looked at the ability of the OC-immunodepleted supernatants to stimulate TNF $\alpha$  production from THP-1 monocytes. Reprobing of the OC-immunodepleted supernatants with OC antisera again showed the amount of OC-positive  $A\beta(1-42)$  material was greatly reduced in the  $A\beta(1-42)$  solution after OC IP and centrifugation compared to just centrifugation or IP treatment with a rabbit IgG control (Figure 10A). Immunodepletion of OC-positive material in the  $A\beta(1-42)$  solution severely diminished the  $A\beta(1-42)$  proinflammatory activity compared to untreated 72 h  $A\beta(1-42)$  samples, 18000g supernatants, or supernatants after IP with rabbit IgG and centrifugation (Figure 10B).

Separation techniques such as SEC allow separation of differently sized aggregates but may also suffer a preferential loss of a particular hydrophobic species due to adsorption to the

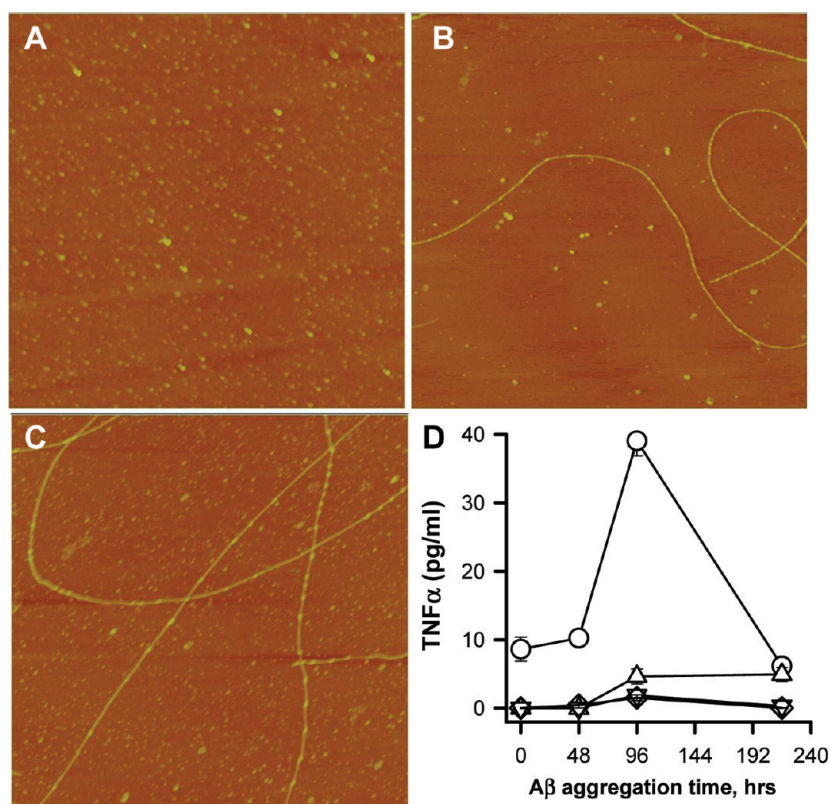


FIGURE 6:  $A\beta(1-40)$  is not as effective as  $A\beta(1-42)$  in inducing a proinflammatory response.  $A\beta(1-42)$  and  $A\beta(1-40)$  were reconstituted in sterile water at the same concentration ( $100 \mu\text{M}$ ).  $A\beta(1-42)$  was incubated at  $4^\circ\text{C}$  (○), while  $A\beta(1-40)$  was incubated at multiple temperatures. Aliquots were removed for both AFM imaging and incubation with THP-1 monocytes. (A–C) AFM images ( $5 \mu\text{m} \times 5 \mu\text{m}$ ) of  $A\beta(1-40)$  incubated at  $4^\circ\text{C}$  are shown for 0 (A), 96 (B), and 216 h (C). (D)  $\text{TNF}\alpha$  production was measured as described and is plotted for  $A\beta(1-42)$  incubated at  $4^\circ\text{C}$  (○) and  $A\beta(1-40)$  incubated at either  $4^\circ\text{C}$  (△),  $25^\circ\text{C}$  (▽), or  $37^\circ\text{C}$  (◇).

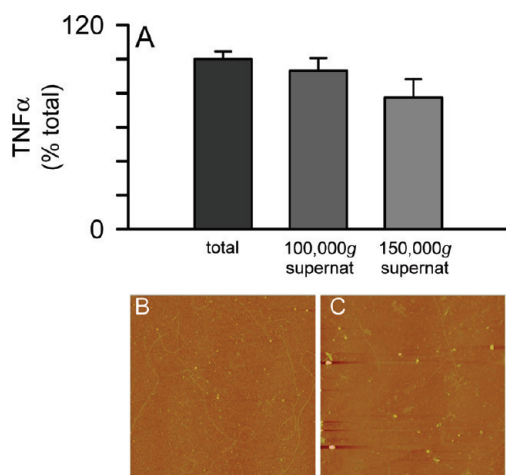


FIGURE 7: Solubility of the proinflammatory  $A\beta(1-42)$  species.  $A\beta(1-42)$  was reconstituted in sterile water ( $100 \mu\text{M}$ ) and incubated at  $4^\circ\text{C}$  for 72 h. Separate aliquots of the same  $A\beta(1-42)$  solution were subjected to centrifugation for 1 h at  $4^\circ\text{C}$  and  $100,000g$  and  $150,000g$ . Equal volumes of the supernatants and the precentrifuge sample (total) were incubated with THP-1 monocytes for 24 h, and the amount of secreted  $\text{TNF}\alpha$  was measured as described in the legend of Figure 1. AFM images ( $5 \mu\text{m} \times 5 \mu\text{m}$ ) were obtained for the precentrifuged total (B) and the  $150,000g$  supernatant (C).

column matrix or dilution-induced dissociation during column purification. OC-positive  $A\beta$  species elute across a broad size spectrum on SEC (37). To further support the ultracentrifugation studies that showed sedimentation of a significant percentage of

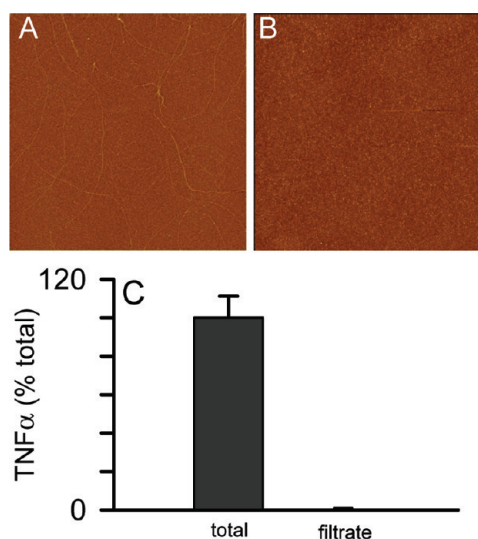


FIGURE 8: Filtering of the  $A\beta(1-42)$  aggregation solution removes the proinflammatory ability.  $A\beta(1-42)$  was reconstituted in sterile water ( $100 \mu\text{M}$ ) and incubated at  $4^\circ\text{C}$  for 72 or 96 h. An aliquot from the solution was applied to a  $0.2 \mu\text{m}$  PTFE centrifugal filter unit and centrifuged for 3 min at  $12,000g$  and  $4^\circ\text{C}$ . AFM images ( $5 \mu\text{m} \times 5 \mu\text{m}$ ) were obtained for the prefilter total (A) and the filtrate (B). (C) Equal volumes of the prefilter sample (total) and the filtrate were incubated with THP-1 monocytes for 6 h, and the amount of secreted  $\text{TNF}\alpha$  was measured as described in the legend of Figure 1.  $\text{TNF}\alpha$  is represented as a percentage of the  $\text{TNF}\alpha$  induced by the prefilter sample. Secreted  $\text{TNF}\alpha$  averaged  $92 \text{ pg/mL}$  in two experiments. Error bars represent the standard error for six measurements over two experiments.

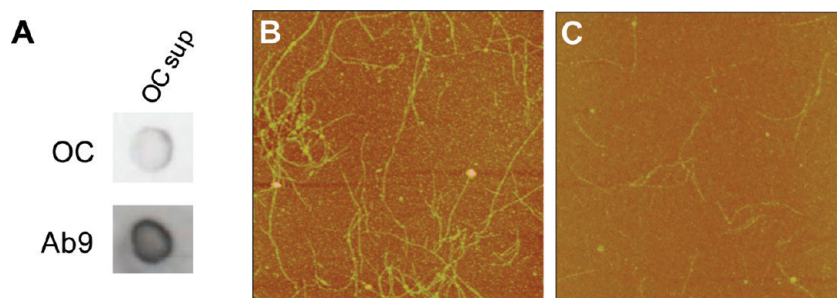


FIGURE 9: Immunoprecipitation with OC antisera depletes fibrillar oligomers and fibrils from an A $\beta$ (1–42) solution. A $\beta$ (1–42) was reconstituted in sterile water (100  $\mu$ M) and stored at 4 °C for 72 h. The A $\beta$ (1–42) solution was immunodepleted with OC antisera as described in Materials and Methods, and the remaining supernatant was re-examined by dot blot and AFM analysis. (A) Dot blot analysis of the 72 h A $\beta$ (1–42) solution supernatant probed with OC antisera and the Ab9 antibody following OC IP. (B and C) AFM images (5  $\mu$ m  $\times$  5  $\mu$ m) of an untreated 72 h A $\beta$ (1–42) solution (total) and the supernatant after immunodepletion with OC antisera (OC sup).

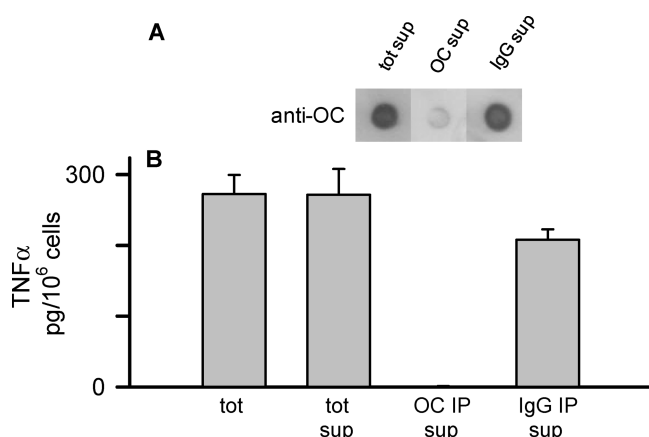


FIGURE 10: Immunodepletion with an antifibrillar oligomer antibody reduces the A $\beta$ (1–42)-induced proinflammatory response. A $\beta$ (1–42) was reconstituted in sterile water (100  $\mu$ M) and stored at 4 °C for 72 h. The A $\beta$ (1–42) solution was immunodepleted with OC antisera or rabbit IgG as described in the legend of Figure 9. The IP supernatants were then re-examined for OC-reactive species by dot blot analysis and also applied to THP-1 monocytes. (A) Dot blot probed with OC antisera of the 72 h A $\beta$ (1–42) 18000g centrifugation supernatant (tot sup), OC IP supernatant (OC IP sup), and rabbit IgG IP supernatant (IgG IP sup). (B) Equal volumes of an untreated 72 h A $\beta$ (1–42) solution (tot) and 18000g centrifugation supernatant (tot sup) and the OC- and rabbit IgG-immunodepleted supernatant (OC IP sup and IgG IP sup, respectively) were incubated with THP-1 monocytes for 24 h, and the amount of secreted TNF $\alpha$  was measured as described in the legend of Figure 1.

fibrils without a concomitant loss of cellular activity, an A $\beta$ (1–42)/water solution was incubated for 96 h at 4 °C and centrifuged at 18000g, and the supernatant was chromatographed via SEC (Figure 11A). Multiple peaks were observed by UV absorbance, including elution peaks at the void volume ( $V_0$ ), multiple included volumes (peaks 2 and 3), and monomer volume. Selected fractions were assessed for OC reactivity (Figure 11B) using dot blot analysis. OC-positive material was found in all tested peaks except for monomer. The OC-positive fractions were then tested for their ability to induce a proinflammatory response which showed that the included peak 2 induced the highest levels of secreted TNF $\alpha$  from THP-1 monocytes (Figure 11C). Subsequent SEC separations of A $\beta$ (1–42) aggregated for 72–96 h were analyzed by DLS, and higher-molecular weight fractions 11–14 showed an expected decrease in size ( $R_H$ ) from 100 to 10 nm as the elution volume increased. The fractions with the highest proinflammatory activity corresponded to  $R_H$  values between 10 and 30 nm and

exhibited significant ThT fluorescence (data not shown). AFM images of a fraction from included peak 2 showed a significant population of short rodlike structures between 100 and 200 nm in length with a mean diameter (height) of  $5.4 \pm 1.6$  nm (SD) for 116 measurements.

## DISCUSSION

It has been postulated for some time that a sustained inflammatory response to aggregated A $\beta$  may contribute to progressive neurodegeneration in AD (6). This idea emanated from pathology studies, which revealed inflammatory markers such as dystrophic neurites (2), activated microglia (3), and proinflammatory cytokines (5) surrounding A $\beta$  lesions in the human AD brain (15). Interestingly, even though a vast array of A $\beta$  aggregate morphologies ranging from dense core neuritic plaques to granular diffuse wispy A $\beta$  deposits are observed in the AD brain, only the plaques appear to provoke this particular inflammatory response (1). A recent report by Meyer-Luehmann et al. (4) highlighted this phenomenon whereupon rapid plaque formation, and an equally rapid microglial response, was observed in an AD transgenic mouse model. Microglia were observed surrounding only the dense core plaques as opposed to the diffuse A $\beta$  deposits.

THP-1 human monocytes have been used extensively to investigate the A $\beta$ -induced proinflammatory response and display a pattern of activation similar to that of microglial cells (19–21). Many of the monocyte/macrophage and microglial studies have utilized preformed fibrillar A $\beta$ , and some of those studies included costimulators such as interferon- $\gamma$  (38) or lipopolysaccharide (39) along with the A $\beta$  treatment. In this study, we correlated the time-dependent aggregation of A $\beta$  with the ability to induce secretion of TNF $\alpha$  from human THP-1 monocytes. We observed that an intermediate A $\beta$ (1–42) species formed under acidic (pH 3.6–4) aqueous conditions was optimal for stimulating the response. While the peak cellular response coincided with the appearance of A $\beta$ (1–42) fibrils, the cell response did not correlate with fibrillar species based on the observation that increased production of A $\beta$ (1–42) fibrils, A $\beta$ (1–40) fibrils, and A $\beta$ (1–42) fibrils formed in PBS at neutral pH was not an effective inducer of TNF $\alpha$  secretion. This observation in combination with the OC immunodepletion studies and SEC separation in Figures 10 and 11, respectively, suggested that small fibrillar precursors were transient species that rapidly progressed to fibrils upon their formation. The neutral pH and increased ionic strength conditions in PBS accelerated A $\beta$ (1–42) fibril formation but weakened the peptide's ability to stimulate a



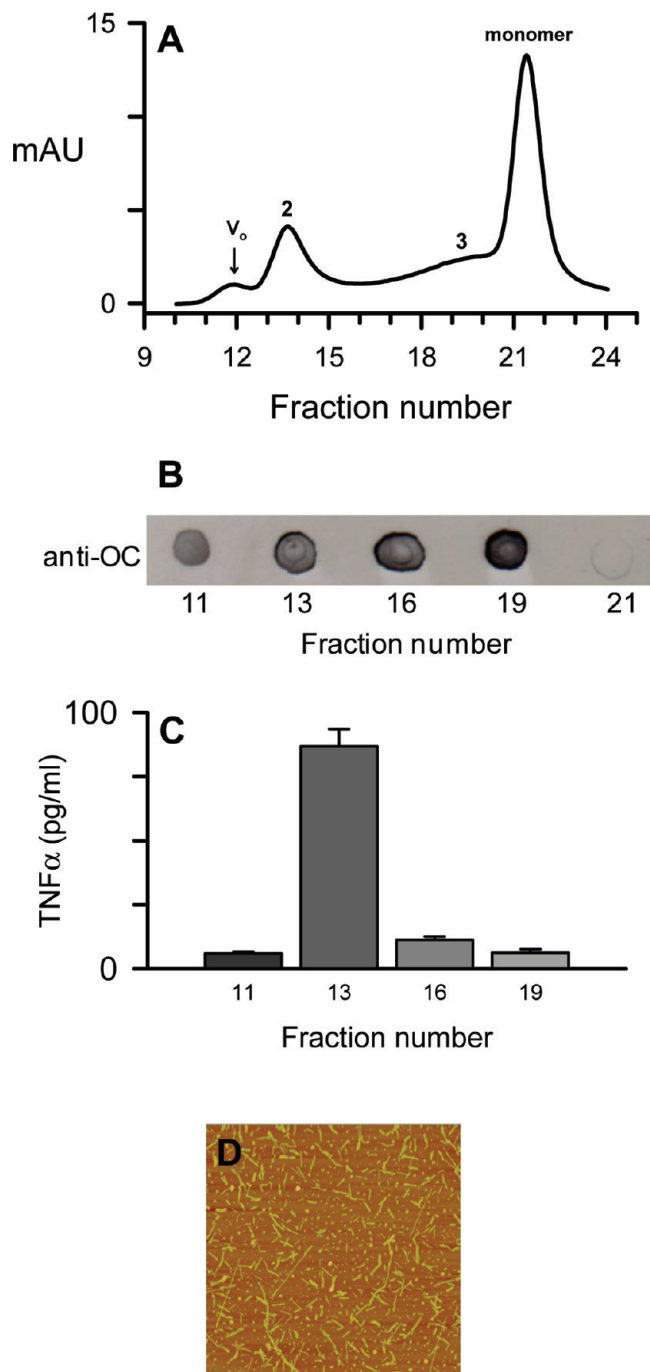


FIGURE 11: SEC separation of aggregated A $\beta$ (1–42). A $\beta$ (1–42) reconstituted in sterile water was allowed to incubate for 96 h at 4 °C before centrifugation at 18000g and separation of the supernatant on a Superdex 75 column as described in Materials and Methods. (A) The 280 nm absorbance elution profile of an aggregated A $\beta$ (1–42)/water solution. Tick marks for fractions (0.5 mL) represent the beginning of elution collection for each fraction tube. A $\beta$  concentrations determined by absorbance for the peak maxima were 1.4  $\mu$ M for the void volume ( $V_0$ ) and 5.7, 3.5, and 18.3  $\mu$ M for the included volumes (peak 2, peak 3, and monomer, respectively). (B) Dot blot probed with OC antisera for the fractions listed above (without dilution). (C) THP-1 monocytes were treated with 90  $\mu$ L from the OC-positive fractions in a total volume of 300  $\mu$ L for 6 h at 37 °C, and TNF $\alpha$  production was measured as described in the legend of Figure 1. (D) AFM height mode image (3  $\mu$ m  $\times$  3  $\mu$ m) of a fraction from SEC-separated included peak 2 prepared without dilution.

proinflammatory response. There is some physiological support for A $\beta$ (1–42) aggregates formed under acidic conditions. Although much of the attention is focused on the extracellular

neuritic A $\beta$  plaques, a significant amount of research now indicates that A $\beta$ (1–42) aggregates may also form intracellularly in an acidic endosomal environment (40). These aggregates, if secreted, may form the structural basis for fibrils that are recognized by phagocytic cells and optimally induce proinflammatory events.

Significant structural polymorphism within A $\beta$  fibrils at the molecular level has been demonstrated *in vitro*. Solid state NMR measurements revealed that A $\beta$ (1–42), A $\beta$ (1–40), and A $\beta$ (10–35) fibrils contained in-register, parallel  $\beta$ -sheets (41, 42), while fibrils formed by the shorter peptides A $\beta$ (16–22), A $\beta$ (34–42), and A $\beta$ (11–25) adopted antiparallel  $\beta$ -strand alignments (43–45). The scope was expanded further by the observation that pH (45) and physical aggregation conditions (46) could also alter fibril structure and neuronal toxicity (46). Our finding that pH and ionic strength could alter A $\beta$ (1–42) fibril morphology and its proinflammatory properties was consistent with these observations.

Structural differences at the molecular level are not always obvious in imaging techniques such as AFM and EM which are able to survey dimensional and architectural properties of aggregated A $\beta$ . Recently, conformation-specific antibodies have been used to identify structural similarities between amyloid fibrils (47) and soluble oligomers (48) formed from different proteins. These antibodies are able to recognize a particular assembly state and can distinguish structural differences between monomeric, oligomeric, and fibrillar A $\beta$  species (37, 47). OC antisera recognize fibrils and fibrillar oligomers, which have been described as small soluble aggregates that are conformationally related to mature fibrils (37). Prefibrillar oligomers, which are recognized by the A11 antibody, but not OC, are structurally distinct from fibrillar oligomers (37). The immunodepletion studies in this report demonstrate that selective removal of fibrillar oligomers from an A $\beta$ (1–42) solution by OC antibodies significantly lowered the THP-1 monocyte proinflammatory response to the peptide (Figure 10). This result indicated that an aggregated A $\beta$ (1–42) species with inherent components of fibril structure is necessary to induce TNF $\alpha$  secretion, but smaller units of this structure induce the best response. This possibility is supported by the observation that continued, or accelerated, A $\beta$ (1–42) aggregation diminished the monocyte response (Figures 1 and 3). Furthermore, the time course suggests that the fibrillar oligomers are transient and appear almost simultaneously with fibrils but rapidly disappear as they likely elongate to form additional fibrils. Fibrillar oligomers may be precursors to protofibrils (10–12) and have similar structural properties, although further investigation will be needed to make a careful comparison. The inability of A $\beta$ (1–40) to stimulate a proinflammatory response under the same conditions as A $\beta$ (1–42) tested in this study may be due to a lower nucleation propensity which would produce a substantially lower concentration of fibrillar oligomers.

Numerous studies suggest that small A $\beta$ (1–42) oligomers may cause early and significant alterations in synaptic function, and then as fibrillar structures are formed, concomitant inflammatory responses appear (reviewed in ref 49). This description of the progression of A $\beta$ (1–42) aggregation toward an inflammatory species is consistent with the data in this report demonstrating that a soluble fibrillar precursor or nuclei are optimal for inducing an inflammatory response in a human monocyte cell line. Plaques consist of fibrillar A $\beta$  at the core (50), although the complexities of plaque composition appear to be quite

significant. Hyman and colleagues have characterized A $\beta$  plaques as a reservoir of bioactive molecules and proposed that soluble A $\beta$  species surround the plaques (4). New evidence now indicates a halo of oligomeric A $\beta$  surrounding the plaques based on immunostaining with an NAB61 antibody (51). NAB61 is able to recognize both oligomeric and fibrillar pathologic forms of A $\beta$  but does not effectively stain diffuse A $\beta$  (52). These studies make a case that different A $\beta$  aggregation states exist not only throughout the brain parenchyma but also within the plaque area. Our studies in a human monocyte cell line show that soluble fibrillar A $\beta$ (1–42) precursors are optimal for triggering an inflammatory response. These findings provide further information about the complexities of A $\beta$  aggregation, inflammation, and the most favorable A $\beta$  structure for interacting with cell surface receptors.

## ACKNOWLEDGMENT

We greatly appreciate the gift of OC antisera from Dr. Rakez Kaye (George and Cynthia Mitchell Center for Neurodegenerative Diseases, Department of Neurology, University of Texas Medical Branch) and the Ab9 antibody from Dr. Terrone Rosenberry (Mayo Clinic Jacksonville). We thank the Microscopy Image and Spectroscopy Technology Laboratory in the Center for Nanoscience at the University of Missouri for technical assistance and equipment.

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